

# THE LIGHTERMAN

Eat Out To Help Out in September  
50% off food and non-alcoholic drinks every  
Mon to Wed, up to £10pp

## A SUMMER COOLER

Elderflower Rosé Spritz	12
St Germain Elderflower, 'Arcades' Rosé, Prosecco, Angostura Bitters, lemon & Double Dutch Soda	
Summer Cup	[glass] 8.5 / [jug] 30
Sipsmith London Cup, raspberry, cucumber, orange, mint & Double Dutch Lemonade	
Melonade Spritz	11
Melonade, Prosecco, pineapple, mint & Double Dutch Soda	

## SMALL EATS

Cauliflower fritters [pb]	4.5
turmeric sauce	
Crispy squid	9.5
herb & chilli sauce	
Castlemead chicken & Welsh leek terrine	8
Little Gem lettuce, shallots & Yorkshire pickle	
Yellowfin tuna & avocado tartare	10
pickled gooseberry & rainbow radish	
Chilled pea & mint soup [pb]	7

## FLATBREADS ARRIVE WHEN READY

Prawn, tenderstem broccoli & chilli	9.5
Yellow summer courgette, broad bean & lovage pesto [pb]	9.5
Cotswold spicy sausage, violet artichoke & Cornish Yarg	9.5

## BIG EATS

Dexter beef burger	16.5
Lancashire cheese, streaky bacon, The Lighterman relish & skin-on-fries	
Supergrain burger [pb]	14.5
avocado green goddess, red onion marmalade & sweet potato skin-on-fries	
Superfood bowl [pb]	12.5
fermented beetroot, cabbage, sprouting grains, radish, cashew & turmeric dressing	
<i>add hot-smoked salmon / grilled chicken breast 4</i>	
Fish & chips	16.5
crushed peas, house-made tartare sauce & lemon	
28 day dry-aged grass-fed Native Breed rib-eye steak	26
watercress & skin-on-fries	
Castlemead chicken breast	17
sweet black garlic, rainbow chard, heritage carrots & pine kernels	
Pan-fried Chalk Stream trout	19.5
brown shrimp, kohlrabi slaw & sea vegetables	
Chef's cut for sharing	75
<i>Served with two sides &amp; two sauces</i>	

## SIDES

Skin-on-fries [pb]	4
Sweet potato fries [pb]	4.5
Tenderstem broccoli, almonds & radish [pb]	4
Summer superfood salad [pb]	5
English bobby beans & tarragon butter [v]	4

## PUDDINGS

Dark chocolate parfait [v]	7.5
orange & honeycomb	
Custard apple slice [v]	7.5
salted caramel ice-cream	
Plum, pear & blackberry crumble [pb on request]	7.5
blackberry frozen yoghurt	
Frozen creams & sorbets	2

We're cashless! Plant-based [pb] Vegetarian [v]

An optional 12.5% service charge will be added to your bill.  
Please inform us if you have any dietary or allergen requirements.

# Drinks

## SHARPENERS

Summer Cup	[glass] 8.5 / [jug] 30
Sipsmith London Cup, raspberry, cucumber, orange, mint & Double Dutch Lemonade	
Raspberry & Mint Collins	10
Hendrick's Gin, raspberry & mint syrup, lemon & Double Dutch Soda	
Power Suit	10
El Jimador Tequila, Campari, passion fruit, vanilla, lime, egg white & Double Dutch Soda	
Bloody Mary	9.5
Russian Standard Vodka & house-spiced tomato juice	
Seasonal Large G&T #12	12.5
Pink Pepper Gin, cucumber, pink pepper & Double Dutch Cucumber & Watermelon Tonic	
Seasonal Large G&T #13	12.5
FAIR. Juniper Gin, housemade rhubarb syrup & Double Dutch Skinny Tonic	
Manzanilla Sherry	
NV Manzanilla, 'Gabriela', Bodegas Sanchez Ayala & Sanlúcar de Barrameda, ESP	100ml 5

## SPRITZ

Spring Sangria	9.5
Vermentino 'Cascade', lemon juice, rosemary & PYPR	
Elderflower Rosé Spritz	12
St Germain Elderflower, 'Arcades' Rosé, Prosecco, Angostura Bitters, lemon & Double Dutch Soda	
Melonade Spritz	11
Melonade, Prosecco, pineapple, mint & Double Dutch Soda	
Apple Teaser	13
30&40 Aperitif, Cox apple juice, mint, lemon & Double Dutch Soda	

## CHAMPAGNE & SPARKLING

125 ml Bottle

NV Prosecco, Ca'Degli Ermellini Extra Dry, Veneto, ITA	7.5	38
NV Billecart-Salmon, 'Brut Réserve' Brut, Champagne, FRA	12	67
NV Gratiot-Pillièrè Brut Rosé, Champagne, FRA	12.5	68

## WHITE

175 ml Bottle

2018 Vermentino, 'La Cascade', Château Fontainebleau, Provence, FRA	6.5	24
2018 Sauvignon Touraine, 'Flint', C. & D. Delecheneau, Loire Valley, FRA	8.5	35
2018 Riesling, 'Dajoar', Andreas Bender, Mosel, GER	9.5	38
2018 Pinot Gris, Holly's Garden, Victoria, AUS	10	40
2018 Rioja Blanco, 'Dia Sol', Moraza, Rioja, ESP	12.5	52
2017 Chardonnay, Bourgogne Blanc, 'Les Grandes Coutures', Xavier Monnot, Burgundy, FRA	12.5	53

## ROSÉ

175 ml Bottle

2018 Cinsault, 'Arcades', Château Fontainebleau, Provence, FRA	8.5	34
2018 Grenache, 'Inspiration', Château de Berne, Provence, FRA	11	45
2018 'Faustine', Comte Abbatucci, Corsica, FRA		65
2018 Bandol, Domaine Tempier, Provence, FRA		75
2018 Côteaux Varois, Château Fontainebleau, Provence, FRA	[Magnum]	98

## RED

175 ml Bottle

2017 Grenache/Cabernet, 'La Cascade', Château Fontainebleau, Provence, FRA	6.5	24
2018 Cabernet Sauvignon, Bodega Cecchin, Mendoza, ARG	8.5	35
2016 Rioja, Crianza, Biga de Luberrí, ESP	9.5	38
2014 Malbec, Cahors, 'Le Combal', Cosse Maisonneuve, South West, FRA	10.5	44
2015 Barbera/Syrah/Cabernet, 'King's Cross', London Cru, ENG	11.5	48
2017 Pinot Noir, Bourgogne Rouge, Maison Coillot, Burgundy, FRA	12	50
2015 Montagne St Emilion, 'Les Piliers de Maison Blanche', Bordeaux, FRA	13	52

125ml available upon request. Please ask for our full wine list.

## JUICES

Freshly squeezed juices	4.5
Orange / Kale, apple, fennel & cucumber / Carrot, apple & ginger / Pineapple, mint, kiwi & apple	
Chegworth Valley	4.5
Pear & apple juice / Cox & Bramley apple juice	