

T H E
L I G H T E R M A N

FRUIT & GRAINS (v)

Super berry bowl, banana & toasted coconut (vg)	5.5
Overnight oats, blueberries, nuts, apricots & pomegranate.....	4.5
Fresh fruit salad, toasted seeds & mint (vg).....	4
Energy bowl, granola & goji berries, mixed seeds, house-made jam, natural yoghurt.....	6

FREE RANGE EGGS FROM ST. EWE, CORNWALL

Crushed avocado on toast, poached eggs, chilli & chives (v) ...	9.5
with streaky bacon.....	11
with smoked salmon.....	12
with feta.....	10.5
2 poached eggs on toasted sourdough (v)	6.5
2 poached eggs on toasted English muffins & hollandaise	
English ham Benedict.....	9.5
Hot smoked salmon Royale.....	10.5
Creamed spinach Florentine (v).....	8.5
Wild mushrooms on toast, poached eggs.....	11

THE LIGHTERMAN FULL ENGLISH 12.5

Poached eggs, Cumberland sausage, streaky
bacon, hash brown, field mushrooms, cherry
tomatoes & baked beans

SIDES 2.5

- Garlic & thyme roasted field mushrooms (vg)
- Classic baked beans (vg)
- Crushed avocado, chilli & chives(vg)
- Cherry tomatoes on the vine (vg)
- Streaky bacon
- Cumberland sausages
- Hash brown(v)

An optional 12.5% service charge will be added to your bill.
Please inform our staff if you have any dietary or allergen requirements.



THE
LIGHTERMAN

MORNING COCKTAILS 8.5

BLOODY MARY Russian standard vodka, house spiced tomato juice
BUCK'S FIZZ freshly squeezed orange juice, Prosecco
PEACH BELLINI fresh peach purée, Prosecco

FRESHLY SQUEEZED JUICES 4.5

Orange
Apple, kiwi, cucumber & mint
Carrot, apple & ginger
Apple, pear & blackberry

JUICES 4.5

Cranberry juice, pineapple juice, pink grapefruit juice
Chegworth Valley Cox & Bramley apple juice
Chegworth Valley pear juice

TEA 3 CANTON TEA

English Breakfast / Earl Grey
Green / Jasmine / Chamomile
Fresh Mint / Peppermint

COFFEE READS COFFEE

Single Espresso 2.5
Double Espresso - Cappuccino - Latte - Macchiato - Americano 3

