

BREAKFAST

WEEKDAY



EARLY RISERS

Bloody Mary	Russian Standard Vodka, house-spiced tomato juice	9.5
Buck's Fizz	freshly squeezed orange juice, Prosecco	8.5
Peach Bellini	fresh peach purée, Prosecco	8.5

FRUIT & GRAINS

Raspberry & banana chia pot [vg]	5
almond milk & vanilla pod	
Super berry bowl [vg]	5.5
banana & toasted coconut	
Cinnamon porridge [vg]	5
toasted pecan & maple syrup	
Fresh fruit salad [vg]	4.5
toasted seeds & mint	
Energy bowl [v]	6
granola & goji berries, mixed seeds, house-made jam, natural yoghurt	

PANCAKES

Buttermilk & blueberry pancakes [v]	8
maple mascarpone	

FULL ENGLISH

The Lighterman Full English	12.5
poached eggs, Cumberland sausage, streaky bacon, hash brown, field mushrooms, cherry tomatoes & baked beans	

FREE RANGE EGGS

ST. EWE, CORNWALL

Crushed avocado on toasted granary [v]	9.5
poached eggs, chilli & chives	
with streaky bacon	11
with smoked salmon	12
with English Fettle cheese	10.5
2 poached eggs on toasted granary [v]	7
Baked eggs [v]	9
courgette, peppers & English Fettle cheese	
English ham Benedict	9.5
Hot-smoked salmon Royale	10.5
Creamed spinach Florentine [v]	8.5
Wild mushrooms on toasted granary [v]	11
poached eggs	

SIDES

Garlic & thyme roasted field mushrooms [vg]	3
Cherry tomatoes on the vine [vg]	3
Classic baked beans [vg]	3
Crushed avocado, chilli & chives [vg]	4
Streaky bacon	4
Cumberland sausages	4
Hash brown [v]	3
Smoked salmon	4
Toasted granary [v]	3

CHAMPAGNE & SPARKLING

	125ml	Bottle
NV Prosecco, Ca'Degli Ermellini, Extra Dry, Veneto, ITA	7.5	38
NV Billecart-Salmon, Brut Réserve, Brut, Champagne, FRA	12	67
NV Gratiot-Pillièrre, Brut Rosé, Champagne, FRA	12.5	68

FRESHLY SQUEEZED JUICES

Orange	4.5
Pineapple, mint, kiwi & apple	4.5
Carrot, apple & ginger	4.5
Kale, apple, fennel & cucumber	4.5

JUICES

Chegworth Valley Cox & Bramley apple juice	4.5
Chegworth Valley pear juice	4.5

TEA

	CANTON TEA
English Breakfast	3
Earl Grey	3
Green	3
Jasmine	3
Chamomile	3
Peppermint	3
Fresh mint	3

COFFEE

	READS COFFEE
Espresso (single & double)	3
Americano	3.5
Cappuccino	3.5
Latte	3.5
Irish coffee	6
Skimmed / Semi-skimmed / Soy / Oat	