

Olives / Nuts.....	3
Bread & butter.....	3

STARTERS

Crispy squid, chilli & lime.....	8.5
Pea & mint croquettes, mustard aoli & pea shoots (v).....	7.5
Potted smoked salmon, apple & horseradish, toasted sourdough.....	9
Soup of the day (v).....	6
Pork & pistachio terrine, toasted sourdough & spiced apple jam.....	8.5
British cured meat & cheese board, sausage roll, potted salmon, piccalilli and toasted sourdough (to share)	19.5

FLATBREADS ORGANIC SPELT FLOUR - ARRIVES WHEN READY

Tomato, oregano, mozzarella & garlic (v).....	7.5
Roasted butternut squash, pecan, ricotta & chilli (v).....	9
Spicy English sausage, smoked mozzarella & red onions.....	9.5

SALADS add smoked trout.....3.5 feta cheese.....2.5 grilled chicken breast.....3.5

Garden - green beans, new potatoes, baby spinach, sundried tomatoes & black olives (v)	9.5
Superfood - alfalfa sprouts, beetroot, chickpeas, honey mustard dressing (v).....	11
Market - romanesco, soft boiled egg, quinoa, roasted red pepper & pumpkin seeds (v)	10.5

MAINS

Beer battered fish & chips, house tartare & crushed peas.....	15
Beef & ale pie, crushed celeriac & carrot.....	14.5
Pan fried cod, pancetta, lentils & kale, fresh herb salsa.....	18
Mushroom & spinach tart, poached egg, charred broccoli & Cheddar (v).....	14

WOOD FIRED GRILL WE USE SUSTAINABLY SOURCED WOOD & CHARCOAL

250g dry-aged native breed sirloin.....	24
270g dry-aged ribeye.....	26
Herb marinated free-range chicken breast	13.5
250g Norfolk pork loin chop & apple compote	16
Grilled stone bass & slow cooked fennel.....	18

CHOOSE SIDES 3.5

Crisp lettuce & fresh herbs
Minted peas, leeks & broad beans
Charred purple sprouting broccoli
Skin-on-fries
Sweet potato fries

CHOOSE A SAUCE 1.5

Green peppercorn
Béarnaise
Fresh herb salsa

BURGERS SERVED WITH SKIN-ON-FRIES

Beef burger, tomato & red onion relish, cheese & bacon.....	15
Chicken burger, avocado salsa & bacon.....	14.5
Pea & courgette burger, baby gem, goat's cheese, coriander hummus (v).....	13

SUNDAY ROAST

Castlemead free range chicken 18.5 | Dry-aged sirloin of beef 20 | Slow roasted pork belly 19.5

Served with Yorkshire pudding & all the trimmings

English field mushroom & blue cheese Wellington (v) 15

Available from midday on Sundays

An optional 12.5% service charge will be added to your bill. Please inform us if you have any dietary or allergen requirements.

THE
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3 Granary Square, London N1C 4BH
020 3846 3400 thelighterman.co.uk

We use local British produce whenever possible & all our fish & crustacea are from sustainable sources.

SHARPENERS

SPRING CUP Sipsmith London Cup, blackberry, kiwi, mint, cucumber & lemonade.....	7.5
BLOODY MARY Russian Standard Vodka, tomato juice & all your favourite spices.....	8.5
SEASONAL G&T #3 Audemus Pink Pepper Gin, purple viola flowers & Fever-Tree tonic.....	12
SEASONAL G&T #4 FAIR. Gin, lime, coriander & Fever-Tree Mediterranean tonic.....	13
Manzanilla Sherry, 'Las Medallas', Herederos de Argueso..... (100ml)	5
The Collector Vermouth, Somerset	(50ml) 8

WINES BY THE GLASS

CHAMPAGNE & SPARKLING

(125ML / BOTTLE)

NV Prosecco, 'Rustico', Nino Franco, Brut, Veneto, ITA.....	7.5 / 38
NV Billecart-Salmon, 'Brut Réserve', Brut, Champagne, FRA.....	12 / 60
NV Gratiot-Pillièrre, Brut Rosé, Champagne, FRA.....	12.5 / 65

WHITE WINE

(175ML / BOTTLE)

2016 Vermentino, 'La Cascade', Château Fontainebleau, Provence, FRA.....	6 / 23
2015 Garnatxa Blanca, Herencia Altes, Terra Alta, ESP.....	7 / 28
2016 Albariño, Diluvio, Rias Baixas, ESP.....	8 / 33
2016 Sauvignon Blanc, Levin, Loire Valley, FRA.....	8.5 / 35
2015 Riesling, "Dajoar", Andreas Bender, Mosel, GER.....	9 / 37
2016 Grüner Veltliner, "Lössterrassen", Bründlmayer, Kremstal, AUT.....	9.5 / 38
2016 Viognier, Côtes du Rhône Blanc, 'Clementia', Aphillantes, Rhône, FRA.....	10.5 / 42
2015 Chardonnay, Mâcon-Farges, Vieilles Vignes, Perrusset, Burgundy, FRA.....	11 / 45

ROSÉ

(175ML / BOTTLE)

2016 Cinsault, Château Fontainebleau, Provence, FRA.....	7.5 / 30
2016 'Symphonie', Cru Classé, Château Sainte-Marguerite, Provence, FRA.....	55
2016 'Faustine', Comte Abbaticci, Corsica, FRA.....	60
2016 Bandol, Domaine Tempier, Provence, FRA.....	65
2016 Côteaux d'Aix-en-Provence, Château La Coste, Provence, FRA (Magnum).....	85

RED WINE

(175ML / BOTTLE)

2016 Grenache/Cabernet, 'La Cascade', Château Fontainebleau, Provence, FRA.....	6 / 23
2014 Nebbiolo/Barbera, 'Le Marne', Isolabella della Croce, Monferrato, ITA.....	7 / 29
2016 Côtes du Rhône, 'L'O du Joncier', Domaine du Joncier, Rhône, FRA.....	8.5 / 35
2014 Carménère, 'Winemaker's Gran Reserva', Tamaya, Elqui Valley, CHI.....	9 / 38
2015 Rioja, "Bicicleta Voladora", Quinta Milu, Rioja, ESP.....	10 / 39
2016 Merlot, Côtes de Bordeaux, 'Duc de Nauves', Château Le Puy, Bordeaux, FRA.....	11 / 47
2016 Crozes-Hermitage, 'Silene', J.L Chave, Rhône, FRA.....	11.5 / 49
2015 Barbera/Syrah/Cabernet, 'King's Cross', London Cru, ENG.....	13 / 55
2016 Pinot Noir, Mercurey, Michel Juillot, Burgundy, FRA.....	14 / 56

125ml available upon request. Please ask for our full wine list.

FRESHLY SQUEEZED JUICES 4.5

Orange
Apple, pear & rhubarb
Apple, kiwi, cucumber & mint
Carrot, apple & ginger
Golden beetroot, orange & pear

CHEGWORTH VALLEY JUICES 4.5

Cox & Bramley apple juice
Pear juice

Please ask if you would like to see our cocktail & beer card.

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