

MORNING UNTIL MIDDAY

Chia pot, kiwi, green apple & caramelised nuts...5
Super berry vegan bowl, banana & toasted coconut...5.5
Toast & crumpets, butter, house-made jam...3.5
Fresh fruit salad, toasted seeds & mint...4
Lambton & Jackson smoked salmon, crushed avocado on rye...8
Eggs Benedict...9.5
Crushed avocado on toast, poached eggs & herbs...9.5
2 poached or scrambled eggs on toasted rye bread...6.5
The Lighterman Full English, poached free range eggs, Cumberland sausage, streaky bacon, field mushrooms, cherry tomatoes & baked beans...11

SIDES 2.5

Cherry tomatoes Field mushrooms Streaky bacon Avocado salsa Cumberland sausages

MIDDAY UNTIL 4PM

STARTERS

Burrata, heritage tomatoes, artichokes, confit lemon & toasted seeds (v)...9.5
Crispy squid, chilli & lime...8.5
Pea & mint risotto balls, smoked tomato mayo (v)...7.5
Ham hock terrine, apple jelly, spiced chutney & toasted sourdough...9.5

FLATBREADS ORGANIC SPELT FLOUR - ARRIVES WHEN READY

Tomato, oregano, mozzarella & garlic (v)...7.5
Roast squash, goat's cheese, chilli & sage (v)...9
Spicy English sausage, smoked mozzarella & red onions...9.5

SALADS

Superfood, alfalfa sprouts, beetroot, chickpeas, honey mustard dressing (v)...10
Grilled chicken, soft boiled free range egg, cherry tomatoes, bacon, classic dressing...13.5

MAINS

Crushed avocado on toast, poached eggs & herbs (v) (add bacon 2.5)...9.5
Beer battered fish & chips, house tartare & crushed peas...15
British venison pie, glazed carrots & parsnips, gravy...15
Beef burger, aged Cheddar & sweet garlic mayonnaise...15
Chicken breast burger, Cheddar, avocado & streaky bacon...14.5
Pea & courgette burger, baby gem, goat's cheese, coriander hummus (v)...13
All burgers served with skin-on-fries

SIDES 3.5

Skin-on-fries Sweet potato fries Lettuce, vinaigrette & herbs Steamed seasonal greens

SUNDAY ROAST

Castlemead free range chicken 18.5 | Dry-aged sirloin of beef 20 | Slow roasted pork belly 19.5

Served with Yorkshire pudding & all the trimmings

English field mushroom & blue cheese Wellington (v) 15

Available from midday on Sundays

PUDDINGS 6.5

Sherry trifle, berries, almonds & gingerbread Buttermilk panna cotta, apricots & almonds
Sticky toffee pudding, vanilla ice cream Cheese of the day
Warm chocolate brownie, salted caramel ice-cream Ice creams & sorbets 1.5 ea
Lemon cheesecake, meringue

An optional 12.5% service charge will be added to your bill. Please inform us if you have any dietary or allergen requirements.

THE LIGHTERMAN
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We use local British produce whenever possible & all our fish & crustacea are from sustainable sources.