
FRUIT & GRAINS

Chia pot, kiwi, green apple
& caramelised nuts..... 5

Super berry vegan bowl,
banana & toasted coconut..... 5.5

Overnight oats, blueberries,
nuts, apricots & pomegranate..... 4

Fresh fruit salad,
toasted seeds & mint..... 4

Granola & goji berry bowl,
mixed seeds, homemade jam, yoghurt..... 5

TOASTED & BAKED

Toast & crumpets,
butter & house-made jam..... 3.5

Lambton & Jackson smoked salmon,
crushed avocado on rye..... 8

Homemade cheddar scone
with bacon butter..... 6

Smoked cheddar & bacon flatbread,
Worcestershire sauce & fried egg..... 8.5

WAFFLES

with butter & maple syrup..... 8

with fruit compote & lime yoghurt.... 10.5

FREE-RANGE EGGS

Crushed avocado on toast,
poached eggs & herbs..... 9.5

2 eggs served any style,
on toasted rye bread..... 6.5

Creamed spinach baked eggs,
mushrooms, feta & toast..... 9

Bacon & egg roll,
toasted brioche bun & brown sauce..... 6.5

2 poached eggs on toasted brioche
with hollandaise

English ham "Benedict"..... 9.5

Smoked salmon "Royale"..... 10.5

Spinach "Florentine"..... 8.5

SIDES 2.5

Garlic & thyme roasted field mushrooms

Crushed avocado, chilli, lime & chives

Cherry tomatoes on the vine

Streaky bacon

Cumberland sausages

Classic baked beans


LIGHTERMAN FULL ENGLISH 11

2 free range eggs (poached or fried)
Cumberland sausage, field mushrooms,
cherry tomatoes & baked beans

An optional 12.5% service charge
will be added to your bill.
Please inform us if you have any
dietary or allergen requirements.

THE
LIGHTERMAN
3 Granary Square, London N1C 4BE
020 3846 3400 thelighterman.co.uk

We use local British produce
whenever possible & all our
fish & crustacea are from
sustainable sources.



MORNING COCKTAILS (ALL 8.5)

Bloody Mary, Russian standard vodka, house spiced tomato juice
Buck's fizz, freshly squeezed orange juice, Nino Franco Prosecco
Peach bellini, fresh peach pureé, Nino Franco Prosecco

FRESHLY SQUEEZED JUICES (ALL 4)

Orange
Golden beetroot, orange & pear
Apple, cucumber & celery
Carrot, apple & ginger

JUICES (ALL 4)

Cranberry juice, pineapple juice, pink grapefruit juice
Chegworth Valley Cox & Bramley apple juice
Chegworth Valley pear juice
Jax Coco coconut water

TEA

CANTON TEA (ALL 3)

English Breakfast / Earl Grey
Green / Jasmine / Chamomile
Fresh Mint / Peppermint

JARR (ALL 5)

Kombucha Ginger
Kombucha Passion Fruit

COFFEE (READS COFFEE)

Espresso - Single & Double	2.5
Cappuccino - Latte - Macchiato - Americano	3

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